

# KWRL & C/W BABE RUTH





**Welcome to the Pacific Northwest Babe Ruth  
14U Year-Old  
2018 Regional Tournament**

**July 22 – 28, 2018**

**Louis Bloch Park  
Camas, Washington**

Congratulations on advancing to the Regional Tournament, truly a significant milestone in your players' baseball experience! We look forward to hosting you, your players, your families, and your supporters, and we hope to make this experience one that you will all remember for years to come.

The following information and schedules are designed to provide you with all of the information you will need prior to arrival and help you prepare yourself and your team for the tournament.

Please provide copies of this packet to all members of your team as well as their parents. The tournament takes place July 22 – 28th, with arrival and opening ceremonies scheduled for July 22nd.

Pool play games will be played Monday through Friday, July 23 – 28.  
Semifinals and the Championship game will be held on Saturday, July 28th.

The Regional Tournament Champion will advance to  
the 14U World Series in Eagle Pass, TX , on August 7th-16th, 2018.



Welcome and Greetings to all;

On behalf of the Pacific Northwest Region of Babe Ruth Baseball, I would like to welcome you to this year's Regional Tournament.

I'd like to take this opportunity to draw your attention to two items of particular interest: PNW Regional Tournament Rules and Regulations, and the concussion awareness training which PNW fully endorses and which will be in effect during all Regional Tournaments.

**PNW Regional Tournament Rules and Regulations** – Included in the information package is Tournament Participant Information. I encourage you to review both of these documents carefully as they are the rules/regulations under which our Regional Tournaments are conducted. These rules/regulations may be different from those under which your State or Provincial Championships are conducted. While these rules/regulations will be addressed in detail at the mandatory manager's meeting prior to the opening of the tournament, it is important that players and parents understand them as well. On pages 26 and 27 of the 2018 Babe Ruth rule book, pool play and tiebreakers are detailed. New this year is the pitch count regulation for Official Tournament play.

**Concussion Awareness** – Most sports fans are aware of numerous player injuries as a result of concussions in both professional and amateur sports. Players in professional hockey, baseball and football have suffered concussions which have resulted in them missing not only a few games but also the rest of their season, and in some cases even more time.

As a result of the increasing number of concussion incidents, the Pacific Northwest Region mandates concussion awareness training for players, their parents, and their coaches. It also mandates that any player suspected of sustaining a concussion be removed from competition and not be allowed back into competition until the player has received written clearance from a licensed health care provider trained in the management of brain injuries. Please be aware that this will be strictly enforced during all tournaments.

Best of luck to all participants. Play great baseball and experience good sportsmanship throughout the tournament.

Jerry Bodden  
Regional Commissioner  
Pacific Northwest Babe Ruth Baseball

## Team Photos & Information

In order to run an organized and successful tournament, we need your cooperation and support. In that regard, there are several items that we will need from you prior to your arrival.

**Please email the following items in .jpg or .png format to Will Block at [wkiseblock@yahoo.com](mailto:wkiseblock@yahoo.com)**

- ✓ One 5x7 or 8x10 team photograph
- ✓ Player number and identification

Please identify in the email subject line what you are sending. We need to have all team photos no later than **Sunday, July 15<sup>th</sup>**. If we don't receive this information by 5:00 p.m. that day, your team may not have a photo in the tournament program.

Please note: these items do not take the place of the information that will need to be included with your official tournament documents, this is for program publishing. Official documentation requirements on page 5.

## Tournament Fees

Rather than charging admission at the gate at this Regional Tournament, we have opted to use A Family Tournament Pass for each team. The cost for each team is \$500.00. Make checks out to KWRL Babe Ruth Baseball.

This allows free admission for everyone to all tournament games.

## Tournament Officials

<p><b>Pacific Northwest Regional Commissioner</b></p> <p>Jerry Bodden 2916 Echo Hills Drive Lewiston, ID 83501 <a href="mailto:pnwbaberuth@gmail.com">pnwbaberuth@gmail.com</a> (208) 413-0450 cell</p> <p><b>Assistant Regional Commissioner 13-15 Division</b></p> <p>Jarl Opgrande 3101 Ammons Drive Longview, WA 98632 <a href="mailto:jarlkayo@comcast.net">jarlkayo@comcast.net</a> (360) 423-9902-H (360) 431-3489-C</p> <p><b>Tournament Commissioner</b></p> <p>Dan Riley 17800 NE 37<sup>th</sup> St. <a href="mailto:dansanriley@comcast.net">dansanriley@comcast.net</a> Vancouver, WA 98682</p> <p>(503) 449-6004-C</p>	<p><b>Tournament Director</b></p> <p>Will Block(KWRL Babe Ruth) 360-553-9948 cell <a href="mailto:wkiseblock@yahoo.com">wkiseblock@yahoo.com</a></p> <p>Tony Amberg(Camas/Washougal BR) 360-433-8234 <a href="mailto:cwbaberuth@gmail.com">cwbaberuth@gmail.com</a></p> <p>Davetta Price(Camas/Washougal BR) 503-754-3387 <a href="mailto:buzvet@comcast.net">buzvet@comcast.net</a></p> <p><b>Umpire-in-Chief: Gary Loucks</b> <b>360-771-8611</b></p> <p><b>Tournament Headquarters</b></p> <p>Louis Bloch Park(Stadium) 200 NE Joy St. Camas, WA 98607</p> <p><b>KWRL Babe Ruth Baseball(Mailing address)</b> Will Block – President 38706 NW 14<sup>th</sup> Avenue Woodland, WA 98674 (360) 553-9948 cell <a href="mailto:wkiseblock@yahoo.com">wkiseblock@yahoo.com</a></p>
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# Schedule of Events

## Sunday, July 22<sup>rd</sup>

**Team Check-In: All Managers, Coaches, and Players Must be Present**  
**Location: Louis Bloch Park(Stadium) Camas, WA**

**12:00 pm – 4:30 p.m.** Check-in time for all teams.

12:00 pm: Host- KWRL  
12:30 pm: South Washington  
1:00 pm: North Oregon  
1:30 pm: North Washington  
2:00 pm: Invite-South Washington R/U  
2:30 pm: South Oregon  
3:00 pm: Idaho  
3:30 pm: Montana  
4:00 pm: Wyoming  
4:30 pm: Alberta

**Required Documents, according to Rule 11.04, are as follows:**

- ✓ Birth documents or records as specified by Rule 0.04, paragraph 1, for each of the tournament team players
- ✓ Certificate of Coverage of Group Accident Insurance Policy
- ✓ Certificate of Coverage of League's Commercial General Liability Insurance Policy
- ✓ Tournament team roster certified and signed by League President
- ✓ Letter of League Eligibility Tournament Form signed by State Commissioner
- ✓ Signed Consent for Treatment forms for each player
- ✓ Color photograph of team, including ID of players, managers, and coaches
- ✓ Coaching Certification ID Cards or Certificates

*All Managers, coaches, and players must be present* at check-in unless excused by the Tournament Commissioner. Team Tournament books will be turned in to the Tournament Commissioner at this time. These documents must stay in the Tournament Commissioner's possession until the team is eliminated from tournament competition.

Upon completion of check-in, team expectations and tournament rules will be reviewed by the Tournament Officials.

**Opening Ceremony: 7pm**

Opening Ceremonies will be conducted at Louis Bloch Park, Camas, WA with all teams participating.  
All teams should be in their full uniform for the event.

Please note that the official Babe Ruth shoulder or cap emblem must be worn either on the left shoulder sleeve or on the official Babe Ruth cap of each player, manager, and coach. For sleeveless jerseys, the emblem must be worn on the front left chest.

All team managers and coaches must wear baseball type pants and dress accordingly to represent the team colors.

### **Welcome Picnic/BBQ: 5:30-6:30 pm**

Team dinner and social for players, managers, and coaches. Dinner is free for players and coaches with passes. Other guests are welcome to join. Nominal fee for dinner is TBD.  
RSVP appreciated for complete head count.

### **Managers and Coaches Meeting 7:30 pm**

Each team must have a representative present during the mandatory meeting which will address interpretation and discussion of rules with tournament officials and the Umpire-in-Chief.

Meeting will be conducted on the 3<sup>rd</sup> base stands. The Tournament Commissioner and staff will go over tournament operations. The coin flip to determine Home & Visitor for Pool Play games will be determined at this time, as well.

### **Team Practices**

- Practices are typically available in one hour time blocks each day. Coaches can schedule a practice time through a Tournament Director.
- Practices are flexible: please check with a Tournament Director upon arrival for current and final practice slots.
- The Tournament Directors will control practice times so that every team that wants to practice will have the opportunity to do so. .



## **Tournament Participant Information**

Officials of the Babe Ruth League program and the host league have made extensive efforts to ensure your stay at the Regional Tournament will be pleasant and rewarding. We expect all participants to fully cooperate with the following Tournament Rules and Regulations.

**All team members must be present for check-in at the time designated by the tournament host. Where the sponsoring host has arranged an Opening Ceremony as part of the tournament schedule, all team members are required to attend in full uniform. Where the sponsoring host has arranged a banquet or picnic as part of the tournament schedule, all team members are required to attend. All players, managers, and coaches must attend all games scheduled for their team.**

Only the Regional Commissioner or the Tournament Commissioner may grant an exemption to the above where extenuating circumstance is found to exist. Such extenuating circumstances may consist of verified illness or injury, unavoidable travel problems, or other circumstances completely beyond the control of the absent team member(s). Any decision regarding an exemption will be the responsibility of the Regional Commissioner or the Tournament Commissioner and such decision shall be final and not subject to appeal. Dual participation by a player, manager, or coach in another sporting event does **NOT** qualify as an extenuating circumstance and will not be sufficient grounds for granting said exemption. **The penalty for violation of the above requirements may be disqualification of the absent player, manager, or coach for the remainder of the tournament, but shall not affect the eligibility of such player, manager, or coach, if otherwise eligible, for subsequent levels of play should their team qualify.**

A mandatory manager's meeting will be held prior to the beginning of tournament play. All teams must be represented at this meeting. With pre-approval from the Tournament Commissioner, should an extenuating circumstance beyond the control of the manager prevent his attendance, a team coach may act as a representative.

Each player on a team shall wear a different number on his/her uniform. The official Babe Ruth shoulder or cap emblem must be worn either on the left shoulder sleeve or on the official Babe Ruth cap. For sleeveless jerseys, the emblem must be worn on the front left chest. All managers and coaches must wear a baseball type uniform of the same design and color as the players' uniform (i.e. NO SHORTS, NO JEANS, NO SANDALS).

Game officials shall deal with **ON-FIELD** conduct. Any player, manager, or coach disqualified from a game shall automatically be suspended from further tournament participation, pending a review of their actions by the Tournament Commissioner. All such suspensions become effective immediately at the time of disqualification.



## **Special Instructions to Participants**

**CONDUCT** – Your conduct must be above reproach on and off the field; any misbehavior or misconduct could not only cause your *disqualification* from the tournament, but could also result in the disqualification of your team as well.

All players shall conduct themselves in a reasonable and acceptable manner in accordance with team discipline rules as set by their manager or official in charge of the team. Unacceptable behavior shall include: unsportsmanlike conduct, willful damage to property, committing any act considered an offense under law, and not abiding to tournament rules as set out by the host committee.

As State/Provincial Champions, you are expected to dress appropriately. You may dress informally and comfortably, however, neatness and cleanliness of appearance at all times is required.

Use of ALCOHOLIC BEVERAGES, SMOKING or CHEWING of TOBACCO, by any team member, tournament official, or umpire is **STRICTLY PROHIBITED**. This rule applies during tournament play at any of the locations being used for any tournament activity, or at any social function associated with the tournament.

Any **VIOLATION** of this rule shall be cause for immediate disqualification of the offender(s) from a game(s) or from further tournament competition. The Tournament Commissioner will review all disqualifications and after considering all relevant facts surrounding such actions, he/she may increase such sanction(s) as deemed necessary or appropriate.

No team member, tournament official, or umpire shall possess or use any **PROHIBITED DRUG OR SUBSTANCE** at any time during the tournament. Any such possession or use of same shall be cause for immediate disqualification of the offender(s) from the tournament.

Damage to any personal or physical property by any participating tournament member shall be cause for immediate disqualification from the tournament. Any financial cost incurred will be the direct responsibility of the team member(s).

For purpose of the rules and regulations of this tournament, the following definitions apply:

- “Team member” is defined to include any rostered player, manager, coach, or bat boy/girl
- “Prohibited drug” includes any drug not specifically prescribed for that person, any drug that cannot be obtained over the counter, or any drug (or other substance) that is utilized in an excessive, detrimental, or abusive manner or dosage





### **Ejection – Suspension – Disqualification**

In all cases involving a suspension or disqualification, the Tournament Commissioner will review the circumstances involved and, after taking into consideration all relevant facts, may increase such disciplinary action as is deemed necessary or appropriate. The decision of the Tournament Commissioner will be final and there will be no appeal from such decision.

If further disciplinary action is deemed necessary, the manager of the team so disciplined will be provided with written confirmation of the penalty and the reasons thereof. The Tournament Commissioner will retain a copy of the disqualification report and any supplementary correspondence and it will be forwarded to the Pacific Northwest Regional Commissioner for further review and possible additional penalties.

The penalty provisions are quite clear. It is strictly a matter of the enforcement of what we accept as the proper code of conduct keeping in mind the spirit and purpose of what we are involved in and what our objectives are.

Notwithstanding any provision contained in any tournament rule, regulation, provision, agreement, or memorandum to the contrary, the Tournament Commissioner shall maintain and have final authority for all aspects of this tournament and may impose the removal, suspension, or disqualification of any team member or team from the tournament, and/or take whatever other actions or issue such directives as deemed necessary or appropriate for the administration of the tournament.

**Disregard by any team member of the foregoing rules and regulations or any subsequent rule, regulation, or guideline hereafter enacted, shall be sufficient grounds for that team member to be withdrawn from the tournament. Any player so withdrawn shall be placed under the supervision and control of his/her team manager.**



## **Concussion Information Sheet**

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications, including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion, and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussions, or if you notice the symptoms or signs of concussion yourself, seek medical attention immediately.

### **Symptoms may include one or more of the following:**

- Headaches
- “Pressure” in head
- Nausea or vomiting
- Neck pain
- Dizziness or balance problems
- Blurred, double, or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling foggy or groggy
- Drowsiness
- Change in sleep patterns
- Amnesia
- “Don’t feel right”
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems
- Forgetting game plays
- Repeating the same question/comment

### **Signs observed by teammates, parents, and coaches include:**

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can’t recall events prior to hit
- Can’t recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

Concussion cont'd....

## **What Can Happen If My Child Keeps Playing With a Concussion or Returns Too Soon?**

Athletes with the signs and symptoms of a concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after the concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one.

This can lead to prolonged recovery or even severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that an adolescent or teenage athlete will often under-report symptoms of injuries, and concussions are no different. As a result, education of administrators, coaches, parents, and students is the key for a student-athlete's safety.

### **If you think your child has suffered a concussion:**

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The Zackery Lystedt Law in Washington state requires the consistent and uniform implementation of long and well-established return-to-play concussion guidelines that have been recommended for several years:

*A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time.*

AND

*...may not return to play until the athlete is evaluated by a licensed health provider trained in the evaluation and management of concussion and received written clearance to return to play from that healthcare provider.*

You should also inform your child's coach if you think that your child may have a concussion. Remember, it is better to miss one game than miss the whole season. When in doubt, the athlete sits out.

For current and up-to-date information on concussions, visit: [www.cdc.gov/headsup/youthsports](http://www.cdc.gov/headsup/youthsports)



## 2018 PNW Regional 14U Team Divisions and Schedule

<u>National Division</u>	<u>American Division</u>
Montana	Alberta
At-Large Team	Wyoming
Southern Oregon	North Oregon
Southern Washington	Host-KWRL BR
North Washington	Idaho

### Pool Play Schedule and Bye-Days

<b>Date:</b>	<b>Game Number:</b>	<b>Time:</b>	<b>Teams On:</b>
<u>Monday, July 23rd</u>	1	10:00 AM	Montana vs. Southern Oregon
	2	1:00 PM	Wyoming vs. Idaho
	3	4:00 PM	Alberta vs. North Oregon
	4	7:00 PM	At Large Team vs. North Washington
Team Bye's: Host(KWRL BR), Southern WA			
<u>Tuesday, July 24th</u>	5	10:00 AM	North Oregon vs. Idaho
	6	1:00 PM	South Oregon vs. North Washington
	7	4:00 PM	Wyoming vs. Host(KWRL BR)
	8	7:00 PM	At Large Team vs. South Washington
Team Bye's: Alberta, Montana			
<u>Wednesday, July 25th</u>	9	10:00 AM	Montana vs. North Washington
	10	1:00 PM	Alberta vs. Idaho
	11	4:00 PM	South Oregon vs. Southern Washington
	12	7:00 PM	North Oregon vs. Host(KWRL BR)
Team Bye's: Wyoming, At Large Team			
<u>Thursday, July 26th</u>	13	10:00 AM	Alberta vs. Wyoming
	14	1:00 PM	Montana vs. At Large Team
	15	4:00 PM	South Washington vs. North Washington
	16	7:00 PM	Host(KWRL BR) vs. Idaho
Team Bye's: North Oregon, South Oregon			

## **Pool Play Schedule and Bye-Days**

<u>Friday, July 27th</u>	17	10:00 AM	At Large Team vs. South Oregon
	18	1:00 PM	Wyoming vs. North Oregon
	19	4:00 PM	Alberta vs. Host(KWRL BR)
	20	7:00 PM	Montana vs. South Washington

Team Bye's: Idaho, North Washington

## **Single Elimination – Championship Round**

<u>Saturday, July 28th</u>	21	10:00 AM	American #1 vs. National #2
	22	1:00 PM	National #1 vs. American #2
	23	5:00 PM	Regional Championship Game

*Congratulations to all teams and players!*

## Team Travel Considerations

Getting Here:

Portland International Airport (PDX) has direct, and sometimes non-stop flights from BC, and Alberta. Connecting flights from Montana and Wyoming, and non-stops from Idaho are available.

## Portland International Airport

7000 NE Airport Way, Portland, OR 97218

Get on I-205 N from NE Airport Way

9 min (3.4 mi)

Take WA-14 E to NW 6th Ave in Camas. Take exit 12 from WA-14 E

9 min (8.7 mi)

Continue on NW 6th Ave. Drive to NE Joy St

5 min (1.7 mi)

## Louis Bloch Park

200 NE Joy St, Camas, WA 98607



## **Clark County Medical Centers/Hospitals**

### **Legacy Salmon Creek Medical Center**

2211 NE 134<sup>th</sup> Street  
Vancouver, WA 98686  
360-487-1000

### **Peace Health Southwest Medical Center**

400 NE Mother Joseph Place  
Vancouver, WA 98663  
360-514-2000

### **Kaiser Permanente Salmon Creek**

14406 NE 20<sup>th</sup> Ave.  
Vancouver, WA 98686  
800-813-2000

### **Kaiser Permanente Cascade Park**

12607 SE Mill Plain Blvd.  
Vancouver, WA 98686  
360-813-2000

**ACCOMODATIONS/HOTELS****Vancouver, WA**

La Quinta Inn and Suites  
 1500 NE 134th St, Vancouver, WA 98685  
[\(360\) 566-1100](tel:3605661100)

Best Western Parkerville Inn & Suites  
 121 S 2<sup>nd</sup> Ave Washougal, WA 98671  
[360-835-9292](tel:3608359292)

Best Western  
 9420 NE Vancouver Mall Dr,  
 Vancouver, WA 98662  
[\(360\) 256-0707](tel:3602560707)

Candlewood Suites  
 2010 SE 192<sup>nd</sup> Ave Vancouver, WA 98683  
 360-216-1111

Holiday Inn and Suites  
 7205 NE 41st St,  
 Vancouver, WA 98662  
[\(360\) 253-0500](tel:3602530500)

Comfort Suites  
 4714 NE 94th Ave,  
 Vancouver, WA 98662  
 (360) 253-3100

The Heathman Lodge  
 7801 NE Greenwood Dr,  
 Vancouver, WA 98662  
[\(360\) 254-3100](tel:3602543100)

For those looking to RV, Brookhollow RV Park – about a 45 minute drive. La Center(Paradise Point) and Camp Kalama are within 45 minute drive and are excellent options.

<b>RV &amp; Campgrounds Kelso</b>	<b>Address</b>	<b>RV H/U</b>	<b>Tents</b>	<b>Tel.</b>	<b>Website</b>
Brookhollow RV Park	2506 Allen Street	132	No	800.867.0453	<a href="#">Website</a>
Cedar's RV Park	115 Beauvais Rd.	25	1	360.274.5136	
<b>Campground in La Center</b>	<b>Address</b>	<b>RV H/U</b>	<b>Tents</b>	<b>Tel.</b>	<b>Website</b>
Paradise Point					
<b>RV &amp; Campgrounds Castle Rock</b>	<b>Address</b>	<b>RV H/U</b>	<b>Tents</b>	<b>Tel.</b>	<b>Website</b>
Mt. St. Helens RV Park	167 Schaffran Rd.	88	4	360.274.8522	<a href="#">Website</a>
Sequest State Park	3030 Spirit Lake Hwy.	34	71	360.274.8633	<a href="#">Website</a>
Paradise Cove Resort	112 Burma Rd.	49	Yes	360.274.6785	<a href="#">Website</a>
Toutle River RV Resort	150 Happy Trails Rd.	200	Yes	360 274.8373	<a href="#">Website</a>
<b>RV &amp; Campgrounds Kalama</b>	<b>Address</b>	<b>RV H/U</b>	<b>Tents</b>	<b>Tel.</b>	<b>Website</b>
Camp Kalama	5055 Meeker Dr.	100	Yes	360.673.2456	<a href="#">Website</a>



- **Mt. St. Helens Destinations**

Prepare yourself for the adventure of a lifetime - Mount St. Helens tour of amazing venues and spectacular views with a multitude of photo opportunities. Don't forget your camera!

- Drive north on Interstate 5 . Take Exit 49 at Castle Rock and proceed east.
- Drive east on SR 504 from Castle Rock to Mount St Helens Visitor Center located at mile marker 5. The Visitor Center is a world-class facility located on the western shore of Silver Lake. With its high ceilings and massive windows, the outdoors becomes a part of the architecture. Your senses will come alive as you enjoy the interactive exhibits, a step-in model of the volcano and theater programs that are offered twice an hour. Outside, a mile-long trail takes you into marshy plains surrounding Silver Lake where you can see waterfowl and a picture-perfect view of the mountain. Open 9 am to 4 pm, Thursday through Monday. (Winter hours) Admission is 6 and younger free, Ages 7 to 17 \$2.50, Ages 18 & older \$5.00. Family pricing is \$15.00 (two adults plus accompanying children) and Tour Groups are \$165 per bus.
- The next stop on your tour is located at mile marker 33.5. The Mount St. Helens Forest Learning Center offers information about the eruption, its effect on the environment, and Weyerhaeuser Company's efforts to speed the recovery. Enjoy the hands-on learning and multi-media presentations, playground, picnic area, and elk viewpoint. The Forest Learning Center is open from 10 am to 4 pm seasonally from May 15 to October 15, weather permitting. Admission is free. Visitors should allow one hour at this facility.
- Your next stop is at Mile marker 43.3. The Mount St. Helens Science and Learning Center is a collaborative effort of the Mount St. Helens Institute and the U.S. Forest Service, Mount St. Helens National Volcanic Monument. Open Saturdays and Sundays from 10 am to 4 pm. (Re-Opens February 14). Their mission is to connect people with nature through science, art and adventure recreation. Our facilities and programs are designed to extend the quality and duration of educational experiences both onsite at the volcano and through engaging online experiences.
- Don't miss this next stop at Coldwater Lake Recreation Area is located 45 mile marker. The Lake is near the Science and Learning Center at Coldwater and Johnston Ridge Observatory. Experience the effect the May 18, 1980 eruption had on the Coldwater Valley, including creating a

brand new lake. Kayaking is popular here. Combustion engines are prohibited on the lake, but anglers reach trophy trout by electric motors or rowing. Fishing is open year-round with a one-fish limit greater than 16 inches. Artificial, single, barbless hooks are required. Please don't miss out on the .6 miles accessible Birth of a Lake Interpretive Trail which allows visitors to enjoy close up views of Coldwater Lake.

- Your final destination on SR 504 is Johnston Ridge Observatory at mile marker 52 is an essential part of the Mount St. Helens experience. Located only five miles from the crater, this world-class visitor center offers a dramatic movie, geologic exhibits, eye-witness accounts of the eruption, hiking trails, and special programs. Admission is free for children 15 and under and \$8 for those 16 and over. Johnston Ridge Observatory is open daily from 10 am to 6 pm seasonally from May 9 to October 31, weather permitting. Visitors should allow one to two hours at this facility.



## Things to do in Clark County Washington

**Delve into Clark County History.** The [Clark County Museum](#) in downtown Vancouver is the place to start to learn about local history. Coming up in 2018 will be a major exhibit with interactive displays featuring the musical history of Clark County. Then, of course, a visit to [Officer's Row](#) and [Fort Vancouver](#) are a must. Want to know more about local aviation history? The [Pearson Air Museum](#) at Pearson Airfield is the place to go for all things aircraft

**Take a Hike.** Connect with nature at the [Steigerwald Wildlife Refuge](#) or at the [Ridgefield Wildlife Refuge](#). Find a scenic trail along the rushing water as you explore the [trails of Clark County](#). If a paved trail is more to your liking, enjoy a walk along the [Burnt Bridge Creek](#)

**Walk Along the Columbia.** Enjoy the barge traffic and sailboats as you walk the 5-mile [Waterfront Renaissance Trail](#) connecting downtown Vancouver with Wintler Park.

### **Big Al's Family Entertainment Center**

16615 NE 18<sup>th</sup> Street

Vancouver, WA 98683

Arcades: State of the art massive arcades with rewards

Bowling: 42 state of the art bowling lanes

Food and Sports Bar with massive screen for sports entertainment

F42 state-of-the-art

### **Vancouver Farmers Market**

605 Esther St

Vancouver, WA 98660I

The downtown market is Southwest Washington's #1 visitor attraction and home to over 250 vendors and the second largest in the State of Washington.

You'll discover fresh and local produce, flowers, plants, baked goods, delicious food, pet treats, and accessories for yourself, home, or garden.

### **Cedar Creek Grist Mill**

43907 NE Grist Mill Rd,

Woodland, WA 98674

The Cedar Creek Grist Mill is a historical grist mill located in Woodland, Washington listed on the National Register of Historic Places. The scenery alone is worth the trip. Heavily wooded and beautiful stream with picnic tables with a covered bridge. The mill still works today with huge pulleys and belts spinning above and below are turning and churning to produce flour, corn meal and even apple cider.

### **Firstenberg Community Center**

700 NE 136<sup>th</sup> ave Vancouver Wa 98664 (9.6 Miles from Louis Bloch Park)

Swimming, air hockey, full gym, basketball courts, rock wall and more.

\$4 ages 4-18 and \$7 ages 18 – 64

(You MUST have coaches permission before swimming, to avoid exertion)

Nature:



Scenic Columbia Gorge

Multnomah Falls and other beautiful waterfalls



Excellent hiking trails, and great food and the Multnomah Falls Lodge



Mt. Hood Adventure Park

Alpine Slide, Zip Line, Aqua Rollers, mini golf and so much more! Prices vary, great deals can be found on Groupon. All activities are included in the day price, unless otherwise specified.

Approximately 1 hour and 30 minutes from Louis Bloch park

[www.skibowl.com](http://www.skibowl.com)

The Pacific Ocean is approximately 1 hour and 30 minutes from Louis Bloch park, depending on where you want to go. There are several small towns along the coast, each with it's own personality and attractions

## *2018 Babe Ruth Pacific Northwest Regional Jounament*

Dear Players, Families, and Friends;

It is our great pleasure to welcome you to Camas and the SW Washington area. We are delighted that all of you have made the trip, not only for your players' best game, but also to take in and enjoy some of the best features and sights that make us proud to call this area home.

We appreciate the effort, time and sacrifice on all levels that families undertake in their post-season. When a team achieves on their post-season tourney track, the step-up required for family members is quite marked as well.

In this packet you will find not only the tournament and hotel information, but also local insight and ideas to help lend a few thoughts to make the most of your trip. We hope you not only enjoy the trip made here for baseball, but also to enjoy yourselves, maybe even get a bit of rest, and take terrific memories back for your homes and families.

Please do not hesitate to reach out to any of us for any kind of assistance! We are absolutely delighted to have everyone here, and we look forward to a hospitable and terrific experience for all. We wish everyone safe and comfortable travels!

Yours truly;

Will Block

KWRL Babe Ruth Baseball Tournament Committee

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## **Concessions**

We will have league run snack shack with some amazing offerings!!